

AMERICAN NURSE

OFFICIAL JOURNAL  American Nurses Association

August 2025 • Volume 20 • Number 8
MyAmericanNurse.com

EDITORIAL

4 Editorial

By Lillee Gelinas, Editor-in-Chief
Create the environment for nursing excellence

FEATURES



- 6 CNE** Naloxone education for nursing staff
By Kathryn Farishta, A'Vonte Jones, China Santamaria, Diana Alvarado, Julie Durand, Dustin S. DeMoss, Amairany Escamilla Meza, and Kari Teigen
Prepared nurses result in better patient outcomes.

- 12** Nitrous oxide: Myths and misconceptions
By Michelle Collins
The evidence points to this valuable option for laboring patients.

STRICTLY CLINICAL

RAPID RESPONSE

- 18** Pericarditis
By Aaron Sebach and Bradley Helmuth
A nurse's astute assessment ensures prompt treatment.

LEADING THE WAY



- FROM YOUR ASSOCIATION PRESIDENT**
- 17** Exercising excellence
By Jennifer Mensik Kennedy
In-depth knowledge and enlightening insights prompt positive change.
- 38** Engage with patients eye to eye
By Maria Suvacarov, Marilyn A. Prasun, Denise Massey, and Erin Reitz
This hospital's bundled approach enhances patient satisfaction.



PLEASE SHARE YOUR FEEDBACK!

We want to learn more about your experience with *American Nurse Journal*. Scan the QR code to share your thoughts in a brief survey. Your input will help us ensure the quality of the journal.



bit.ly/3qFji4f

American Nurse Journal (ISSN 2689-9272 [print], ISSN 2769-7584 [online]) is published monthly by HealthCom Media, Lantern Hill Business Park, 259 Veterans Lane, Suite 201, Doylestown, PA 18901. Printed in the U.S.A. Copyright © 2025 by HealthCom Media. All rights reserved. No part of this publication may be reproduced, stored, or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system, with-

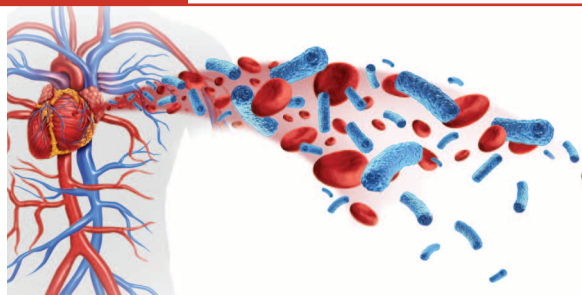
out permission in writing from the copyright holder. Periodicals Postage paid at Doylestown, PA and additional offices.

Postmaster: Send address changes to *American Nurse Journal*, Lantern Hill Business Park, 259 Veterans Lane, Suite 201, Doylestown, PA 18901.

Subscription information: Annual subscriptions: \$49.00 U.S.; \$59.00 Canada; \$71.00 outside U.S./Canada. Single copies: \$7 U.S.; \$15 outside U.S. Institutional subscriptions available by request. Digital-only subscription: \$14.97.

Reprints and back issues: Contact Chris Evans Gartley (Production Director) at 215-489-7000 or production@healthcommedia.com. Availability may be limited.





19 Ending microaggressions

By Sophia Robinson-Harris

The *Code* guides recognition and response to subtle yet damaging harms.



20 CLABSI prevention in hospitalized patients receiving hemodialysis

By Elena Memoracion, Janis Paulose, and Maria Bernal

Nephrology nurse leaders developed this multi-targeted approach.

ETHICS INBOX

36 Everyday ethics:

Hear something, say something

By Lucia D. Wocial

Nurses have a responsibility to speak up in ethically challenging situations.



VIEWPOINT

44 Therapy animals in the Ukraine military conflict

By Alex Sargsyan

Protecting the animals that help care for patients.

WEB EXCLUSIVE!

News & Notes

Access a round-up of clinical and practice news and alerts at myamericannurse.com/category/news

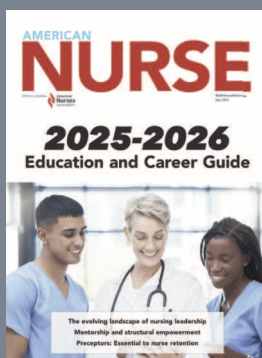


- 27 Learn about the top issues facing member nurses, how the association works for you, and what we are doing to advance nursing.

FEATURE ARTICLE: The real value of nursing certification

COMING NEXT MONTH

- CNE: ESCAPE from delirium: Reducing falls on an acute geriatric medical-surgical unit
- Grief and its impact on health
- How to avoid predatory conferences



2025-26 EDUCATION AND CAREER GUIDE

The *American Nurse Journal* Education and Career Guide brings you editorial content to expand your career horizons. Whether you're considering specialization, want to better understand the effects of mentoring, or want to take on a leadership role, read on for tips and ideas to consider as you take your next steps. This career and professional development advice will inspire you in both your current role and future professional nursing positions.

Scan the QR code to read the guide.



Subscription Questions?

ANA members: memberinfo@ana.org or (800) 284-2378
Subscribers: subscriptions@healthcommedia.com or (215) 489-7000

Change in Mailing Information?

ANA members: memberinfo@ana.org or (800) 284-2378
Subscribers: subscriptions@healthcommedia.com or (215) 489-7000

Indexing

American Nurse Journal is indexed in the Cumulative Index to Nursing and Allied Health Literature.

Submit an Article

Please email Julie Nyhus, MSN, FNP-BC, APRN, at jnyhus@healthcommedia.com. In the email, describe the topic of your proposed article and why it would be of interest to the readers of *American Nurse Journal*; include your name, credentials, employer, and phone number. We'll let you know if we're interested in

the article you've proposed and can advise you on how to focus it. For more information, please refer to the Author Guidelines ([MyAmericanNurse.com/author-guidelines](https://myamericanurse.com/author-guidelines)).

Send a Letter to the Editor

Your input is vital in ensuring that *American Nurse Journal* is a valuable resource to your practice. You can email a Letter to the Editor at MyAmericanNurse.com/send-letter-editor.